

## *Every crisis gives you an opportunity*

Dear Friends and Well-wishers of Grama Vikas,

It is my duty to share with you all and the socially sensitive persons who visit our website that a close and dear friend of mine Gowri Shankar, whom I like to address as Gowri is kind enough to spare his time to contact his friends not only in his home state and other states but also reached other parts of the world to raise funds on behalf of Grama Vikas to support the **GIRL CHILD EMPOWERMENT** project...

My dear friend Kantha Rao whom I like to address as Kanthu is also behind me in my endeavours. I must acknowledge Gowri, Kanthu and all other friends who are with us in this novel idea.

SALUTATIONS Gowri. Also to your FRIENDS who are supporting this noble cause.

Gowri, we do not know how to express my gratitude to you....Really, Gowri...when I wanted to give this skill to girls in rural areas of Kolar district, I do not have a single penny with Grama Vikas....Yet, committed to give this self-defense skill to girls. Decided to do it....The total project cost is approximately Rs.6,30,000/-...I started this. I am confident that some of the cost will be supported by sensitive guys like you and you will also influence your near and dear. This is what exactly happened. This GIRL CHILD EMPOWERMENT project will be scaled up in the near future....and this initiative instilled tremendous amount of self confidence in these 12 girls....and will give these girls dignified and better livelihood opportunities as Women Police Officers or teachers of Martial arts in future.

Mere Thanking you is not sufficient... sharing concern of you and your friends will sustain this skill partly by these 12 girls in future when we scale up.

May God Bless You and Your Friends

### ***KARATE training for empowers the rural girls***

The above title has come true in the lives of 12 girls in Honnsethalli, a tiny village in Mulbagal taluk of Kolar district in Karnataka state of south India. A few of these are children whose age starts from 8 years and some of them are adolescent age group.

I should explain to you how and why this idea of training girls in Karate took shape in my mind. In the beginning days of COVID 19, we organised several trainings to the community in Honnsethalli. One such training was on the Protection of Children from Sexual Offences (**POCSO**) Act, 2012. Grama Vikas (GV) general body member Mr.S.H.Chowdappa, who is Chairman of Child Welfare Committee (CWC) in Kolar district conducted this training and imparted awareness on this act. This body was instituted by the State Government and it is there in every district in Karnataka.

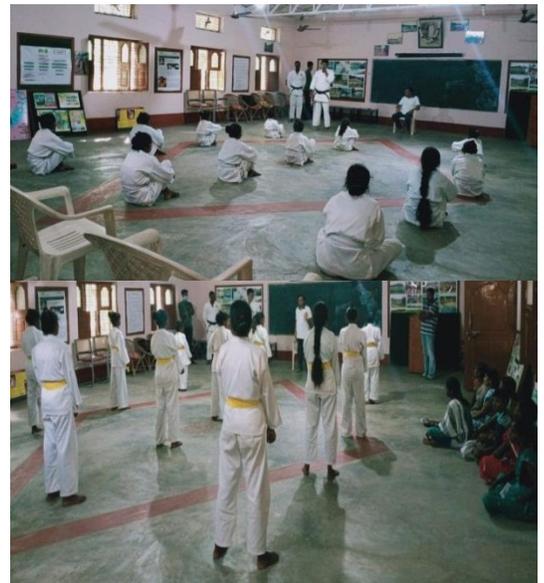


Due to COVID -19, the 12 families completely lost their livelihoods and the NGO in the village raised resources to provide food and medicines till end of last month.

Also, a girl of 17 years old was attacked by a man who was instigated by his mother on the account of a petty quarrel with the girl's mother. She did not know how to protect herself while the man was physically attacking her. The girl lodged a case against the person that physically assaulted her. She felt the need of self-protection.

To prepare girls in Honnsethalli to face any eventuality it was felt that training in Karate was thought of. Parents were too very happy to train their girl children in Karate learning skill. The training was organized to prepare girls physically and mentally in the village to protect themselves from sexual abuse and physical assault. Immediately, we have contacted Karate teachers who are our ex-sponsored child's sibling Mr. Mani. He discussed with the district Karate association and agreed to train 12 girl children in Honnsethalli.

Rural children, that too girl children are always deprived of opportunities. The teachers from the district Karate association will have to travel every day about 30 kilometers and reach the village by 6 a.m. Finally, the classes started from 1<sup>st</sup> of September 2020.



### **Socio Economic status of the girls in Honnsethalli**

These 12 girls hail from under privileged communities and the parents either daily wage earners or farming (less than one hectare of farm depend on rain water) cum wage earnings. They grow one crop a year which is FINGER MILLETS and this is the staple food of people. 2 of the parents rear Jersey Cows and sell the milk to local milk producers' co-operative society. Also remaining families rear 10 sheep each besides daily wage earning and farming on a small plot of farm which is 50% to 75% less than a Hectare. Each of these families own a small house of two rooms.

The total budget of the training is approximately Rs.6 lakhs and 15 thousand (in USD 8400) and this investment will train 12 girls to get BLACK BELT in Karate.



* Parents contribution towards examination fee	Rs. 1, 05,000 (in USD 1400)
* Grama Vikas is appealing to philanthropists, and friends to contribute	Rs. 4, 25,000 (in USD 5666.66)

Total cost of the project includes the following expenses:

- Fees to teacher Rs.13,000 per month (in USD 173.333) for 13 months
- Examination fees (Per student Rs.1000 and above)
- Karate mat, hand glouse (red an blouse), kick pad and mini and long sticks etc ...
- Nutrition in the form of high protein mix, eggs and fruits
- Uniforms

## Donations and Contributions - KARATE training for Girls Empowerment

### OUR GRATITUDE TO THE DONORS WHO ALREADY CONTRIBUTED FOR KARATE TRAINING

DONOR'S DONATION				
Sl. No.	Date	Name of the Donor	Address	Amount
1	21-Sep-20	Mr. Somashekar	USA	70000.00
2	8-Nov-20	Mr. Jonnalagad	Narasapuram, AP	1000.00
3	8-Nov-20	Mr. Gowrishankar	Narasapuram, AP	500.00
4	8-Nov-20	Mr. Raja Rao	Narasapuram, AP	500.00
5	8-Nov-20	Ms. Pratyusha		500.00
6	9-Nov-20	Mr. Janapati		504.00
7	10-Nov-20	Mr. Srinivas		1000.00
8	13-Nov-20	Dr. Rajendra Kumar	Hyderabad	500.00
9	25-Nov-20	Mr. Umesh Kumar Raju Sangaraja		500.00
10	29-Nov-20	Mr. J.V. Subba Rao	Mumbai	6000.00
11	30-Nov-20	Mr. Bhanuprasad		8100.00
12	1.4.2020	Mr. Jose M George	Bengalure	3500.00
		<b>Total Rs.</b>		<b>92604.00</b>

Parents contribution				
Sl. No.	Date	Name of the parents	Address	Amount

1	11/6/2020	Ms. Sandhya D/o. Radha V	Honnasettahalli	500.00
2	11/7/2020	Ms. Bhumika D/o. Venkatamma	Honnasettahalli	500.00
3	11/7/2020	Ms. Geetha D/o. Sudha	Honnasettahalli	500.00
4	11/7/2020	Ms. Rakshmitha D/o. Shobha	Honnasettahalli	500.00
5	11/7/2020	Ms. Sindhu D/o. Varalakshmi	Honnasettahalli	500.00
6	11/7/2020	Ms. Indhu D/o. Varalakshmi	Honnasettahalli	500.00
7	11/8/2020	Ms. Lakshmipriya D/o. Nagamani	Honnasettahalli	500.00
8	11/9/2020	Ms. Sirisha D/o. Chandramma	Honnasettahalli	500.00
9	11/9/2020	Ms. Nagarathna D/o. Muniyamma	Honnasettahalli	500.00
10	11/9/2020	Ms. Jyothi D/o. Narayanamma	Honnasettahalli	500.00
11	11/10/2020	Ms. Sushmitha D/o. Varalakshmi	Honnasettahalli	500.00
12	11/11/2020	Ms. Vaishnavi D/o. Manjula	Honnasettahalli	500.00
		<b>Total</b>		<b>6000.00</b>

### Meeting with mothers of karate students regarding contribution for karate training



### Student's brief profile

SN	Name	Age	Class	Cast e	Future plan	Socio, economic situation of the family	Photo of the student
1	Indhu. N	12	8 <sup>th</sup> stud ying	SC (AD)	She wants becom e Karate teache r	The family consists of 8 members with 4 children (3 girls), parents and aged grandparents. All the four children are studying in collages and middle and high schools. Her mother is working as helper in Anganawadi, father is daily wage earner. It is very difficult to fulfill the children's education and other needs because of no enough income. At present no proper house, hence, living in community center. And house construction is going on. They have 1 acre of 14guntas farm land and growing dry crop. The monthly income is about Rs. 6000-8000/- only	
2	G. Geetha	10	5 <sup>th</sup> stud ying	SC (AD)	She wants to become Police	Geetha's parents and elder brother living together, The children are studying in primary and higher primary school. They have not own house and living in Grandparents house. Her mother has health problem hence not earning any income. Her father is working as daily wage earner in vegetable market. No farm land. The monthly income is about Rs. 8000-10000/- only	
3	Jyothi S	10	5 <sup>th</sup> stud ying	SC (AD)	She wants to join Indian army	Jyothi, her mother, her younger brother and aunt total 9 members living together including aged grandmother and differently abled person. Jyothi's mother and aunt only two ladies are earning for the whole family needs as daily wage earners. Jyothi father deserted the family 6 years ago. No farm land and	

					other income source. The monthly income is about Rs. 6000-7000/- only	
4	Sushmitha N	18	1 <sup>st</sup> B.co m stud ying	SC (AD) She wants to become an IPS officer	The family consists of 8 members with 4 children (3 girls), parents and aged grandparents. All the four children are studying. Mother of Sushmitha is working as helper in Anganawadi, Father is daily wage earner. Very difficult to fulfill the children's education and other needs because of no enough income. At present no proper house, hence, living in community center. House construction is going on. They have 1 acre of 14guntas farm land and growing dry crop.	
5	Lakshmi priya	9	4 <sup>th</sup> stud ying	SC (Bho vi) She wants to become a Police officer	Lakshmipriya, her parents are living together. Her mother is house wife and working as a wage earner. Her father is a driver in tata ace vehicle. Do not have regular source of income. The family economic condition is very poor. The family monthly income is about Rs. 4000-5000/- only.	
6	Vishnavi S	10	5 <sup>th</sup> stud ying	SC (AD) She wants become a Police officer	Vishnavi, her two elder brothers and parents are living together. All three children are studying in primary and high school. Her mother is house wife and working for daily wage earner. Her father is a driver in a private institution. The family has marginal farm land and grows dry crops if have rain. The monthly income is about Rs. 8000-12000/- only.	

7	Sindhu N	15	1 <sup>st</sup> PUC stud ying	SC (AD)	She wants become a Karate teacher	The family consists of 8 members with 4 children (3 girls), parents and aged grandparents. All the four children are studying. Sindhu mother is working as helper in Anganawadi, father is daily wage earner. Very difficult condition to fulfill the children's education and other needs because of no enough income. Now not having proper house hence, living in community center. House construction is going on. They have 1 acre of 14guntas farm land and growing dry crop.	
8.	Sirisha V	13	8 <sup>th</sup> studi ng	SC (AD)	She wants become Police	Parents of Sirisha, younger brother and aged grandfather are living together. Mother and Father are working as daily wage earners. Also father is seasonal driver. No farm land or any assets to earn income to fulfill the needs of children's education. The monthly income is about Rs. 6000-7000/- only	
9.	Nagarathna V	12	7 <sup>th</sup> stud ying	SC (AD)	She wants become a Soldier in Indian army	Nagarathna, her elder brother and parents are living together. Her father is doing main occupation of sheep rearing and agriculture. They have 20 sheep. Her mother is doing house work and earning as daily wager. The family has marginal farm land and growing Ragi, paddy in rainy season. The monthly income is about Rs. 8000-10000/- only	

<b>10.</b>	Sandhya S	15	10 <sup>th</sup> stud ying	Vikk aliga	She wants to become a Doctor	Sandhya her parents, elder brother and grandparents are living together. Her father is working as daily wage earner in a Hotel at Kolar town. Her mother is a cook in Govt. school and works as daily wager in the school holidays. No agriculture or farm land. Also mother is diabetic patient. The monthly income is about Rs. 8000-10000/- only.
<b>11</b>	Rakshitha S	11	6 <sup>th</sup> stud ying	SC (AD)	She wants to become Police	Rakshitha with her parents, elder brother also grandparents are living together. Her father is a driver, The family has small land holding and doing agriculture and grow crop if rain comes. Mother is a housewife. They have a cow and selling 3 liters milk every day. The family monthly income is Rs. 8000-10000.
<b>12</b>	Bhoomika A	17	2 <sup>nd</sup> PUC stud ying	SC (AD)	She wants become a Teacher	The family consists of 8 members, Bhoomika's parents, brother and married sister, brother in law and two kids are living together in a small house. Her parents are working as daily wage earners. The family monthly income is Rs. 5000 to 7000. No farm land or other income source if not get daily wage earnings.

